



# AJ HOWELL

## Sports Anchor/Reporter

Spokane, WA



@annajhowell

annajanehowell.com

## SKILLS

Sports Knowledge  
On Camera/Live Presence  
Script Writing  
Ad-libbing  
Time Management  
Camera Operation  
Production:  
ENPS & Rundown Creator  
Editing:  
Adobe & Edius Software

## REFERENCES

**Dennis Patchin**  
KHQ/SWX Sports Director



**Steve Schneider**  
WAFB Sports Director



**Lyn Rollins**  
Sports Broadcaster



## EDUCATION

LOUISIANA STATE UNIVERSITY, BATON ROUGE, LA  
Bachelor of Arts in Mass Communication  
Concentration: Journalism  
Minor: International Studies



## EXPERIENCE

### Sports Anchor/Reporter (2022-Present)

KHQ/SWX Spokane, WA

- Produce/anchor several sportscasts a week
- Work on live broadcasts doing sideline and occasional play-by-play
- Shoot/report/edit game highlights & feature stories
- Produce multiple segments from conception through execution

### Weekend Sports Anchor/MMJ (2019-2022)

KNOE 8 News Monroe, LA

- Produce/anchor weekend & occasional weekday sportscasts
- Shoot/report/edit game highlights & feature stories
- Produce/anchor high school football show

### News Content Specialist (2019)

WAFB 9 News Baton Rouge, LA

- Operate studio cameras during live newscast
- Operate teleprompter for live newscasts
- Help out sports department when other responsibilities were done